

National Capital **ORCHESTRA**

COVID Safe Plan for conduct of rehearsals

To enable members to rehearse together while minimising the risk of transmission of infection and to enable effective contact tracing, the NCO has formulated the following set of rules. These apply for rehearsals at the Ainslie Arts Centre main hall commencing 24 May 2021.

1. Members attending a rehearsal must register before the rehearsal. The NCO will provide a link to an online booking service for this. You will need to enter your contact details.
2. Please do not attend if you have recently visited a COVID-19 hot spot or designated area of concern or if you have any symptoms suggesting an infection or if you are awaiting the results of a COVID-19 test.
3. If a member shows symptoms while attending a rehearsal, they will be asked respectfully to leave. If asked to leave they will equally respectfully do so.
4. When entering by the front door using the code 4537, proceed to main hall. At the entrance to the hall use the check in CBR app to check in using the NCO QR code and mark your name on the list provided. If you are not able to use the app, ensure that you are marked on the list as present. The back door of the hall is restricted to entry of larger instruments and items from the shed. If entering by this door, please ensure you go to the table to check in using the app and sign the list. Use the hand sanitiser provided before going back into the hall.
5. Please assist by setting out chairs. These will be at normal orchestra spacing while observing the 1 person per 2 square metre restriction. Desks can be shared, or players may opt to use their own music stand and music.
6. Please avoid physical contact with other orchestra members. You may wear a face mask, but this is not compulsory.
7. The session will be from 7:30 pm to 9:30 pm with a short break halfway through the period. Please bring your own water bottle or other sustenance. There will not be any refreshments provided.